

# Holiday Programme













# Monday, 20th March 2023

from **08:00** to **09:00** 



## Yoga

Meeting point: gymnastics room

from **09:00** to **09:30** 



## Good Morning at the créche

We meet for childcare in the children's room at the Hotel and go together to the Children's farm.

Registration until 5.00 pm the day before either directly at the Children's Farm team, at the concierge or at the reception.

from 09:00 to 10:30



#### Pony riding

An animal experience awaits our little guests! Our Ponyhof team warmly welcomes all children up to the age of 8 to pony rides at the children's farm.

Costs: € 20,- (Duration: 20min.)

Note: Toddlers should be able to sit up to participate in pony rides. The ponies are led by the parents themselves!

We kindly ask you to register by the day before with our Ponyhof team on 0043 664 2150907 or by email to reitstall@stanglwirt.com

from **09:30** to **10:00** 



#### Booty - Abs - Legs

Meeting point: fitness desk

from 10:00 to 11:30



#### Experience nature around the Children's Farm

We feed, pet and cuddle our lovely animals at the children's farm.

from 10:15 to 10:45



#### **Tabata**

Meeting point: fitness desk

from 12:30 to 13:00



## Children's Lunch (from age 3 years)

We have lunch together at the "Rossstube". Be aware of the meal times! Please register until 11.30 am on the same day directly at the Children's Farm team.

from 13:00 to 14:00



### Football tournament for teens

We will train soccer techniques and have a great soccer tournament in the indoor tennis court.

Meeting place: fitness desk

from 13:30 to 14:30



### Experience nature around the Children's Farm

We celebrate the beginning of spring, let us surprise you.

from 14:30 to 15:00



#### Training with a facial roller

Meeting point: fitness desk

from 14:30 to 17:00



#### Play time at the Children's Farm

We play fun games at the Children's Farm.

from **15:15** to **15:45** 



## **Upper Body Training**

Meeting point: fitness desk



## See you next time on the Children's Farm

Your parents will meet you at the nursery.

# Tuesday, 21st March 2023

from **09:00** to **09:45** 



#### Horse stable tour

...through our Lipizzaner stud. Meet the graceful Lipizzaner horses and learn interesting things from our riding instructors.

Please registers until 5.00 pm the day before at the concierge team.

Meeting point: Reception

from 09:00 to 09:30



## Good Morning at the créche

We meet for childcare in the children's room at the Hotel and go together to the Children's farm.

Registration until 5.00 pm the day before either directly at the Children's Farm team, at the concierge or at the reception.

from **09:00** to **10:30** 



#### Pony riding

An animal experience awaits our little guests! Our Ponyhof team warmly welcomes all children up to the age of 8 to pony rides at the children's farm.

Costs: € 20,- (Duration: 20min.)

Note: Toddlers should be able to sit up to participate in pony rides. The ponies are led by the parents themselves!

We kindly ask you to register by the day before with our Ponyhof team on 0043 664 2150907 or by email to reitstall@stanglwirt.com

from 10:00 to 11:30



#### Stanglwirt Mini-Chef

We bake a sweet treat.

from 11:00 to 11:45



#### **Pilates**

Meeting point: fitness desk

from 12:00 to 12:30



## **Aqua-fitness**

Meeting Point: Felsenbad

from 12:30 to 13:00



## Children's Lunch (from age 3 years)

We have lunch together at the "Rossstube" . Be aware of the meal times! Please register until 11.30 am on the same day directly at the Children's Farm team.

from 13:00 to 14:00



## **Nordic Walking**

Meeting point: fitness desk

from 13:30 to 14:30



## Experience nature around the Children's Farm

We do experiments together.

from 14:30 to 17:00



## Play time at the Children's Farm

We play fun games at the Children's Farm.

from **14:30** to **15:00** 



#### Circle-Training

Meeting point: fitness desk



from 15:00 to 16:00

**Cardio Tennis Clinic** 

One hour of pure fun, fitness and tennis to the beat of music. / Meeting point: "Tennis Stüberl" at the indoor tennis courts.

Costs: € 40.00- / Please register until 5.00 pm. on the day before at the Concierge desk.

from **15:30** to **16:00** 

Guided Tour through the Hotel

Meeting Point: Concierge desk

from 17:00 to 17:00



See you next time on the Children's Farm

Your parents will meet you at the nursery.

from **21:30** to **00:00** 



Musical evening with "Lisa Mauracher"

Musical evening with "Lisa Mauracher" at the hotelbar "auf der Tenne".

# Wednesday, 22th March 2023

from **08:00** to **09:00** 



Yoga

Meeting point: gymnastics room

from **09:00** to **09:30** 



Good Morning at the créche

We meet for childcare in the children's room at the Hotel and go together to the Children's farm.

Registration until 5.00 pm the day before either directly at the Children's Farm team, at the concierge or at the reception.

from **09:00** to **10:30** 



Pony riding

An animal experience awaits our little guests! Our Ponyhof team warmly welcomes all children up to the age of 8 to pony rides at the children's farm.

Costs: € 20,- (Duration: 20min.)

Note: Toddlers should be able to sit up to participate in pony rides. The ponies are led by the parents themselves!

We kindly ask you to register by the day before with our Ponyhof team on 0043 664 2150907 or by email to reitstall@stanglwirt.com

from **09:15** to **10:00** 



**Pilates** 

Meeting point: fitness desk

from 10:00 to 11:30



Handicraft lesson at the children's farm

We make ourselves a glass of "sea to go". Let us surprise you.

from 10:15 to 10:45



**Back workout** 

Meeting point: fitness desk

from 11:00 to 11:45



**Bodega Move Training** 

Meeting point: fitness desk

from 12:00 12:45 from 12:30 13:00 from 13:00 14:00 from 13:00 from 14:30



Meeting point: fitness desk

Children's Lunch (from age 3 years)

We have lunch together at the "Rossstube". Be aware of the meal times! Please register until 11.30 am on the same day directly at the Children's Farm team.

**Nordic Walking** 

Meeting point: fitness desk

14:00

Bowling tournament for teens

We will have a fun and exciting tournament at our bowling alley. Meeting point: fitness desk

from 13:30 14:30

Play time at the Children's Farm

We do a puzzle Olympics at the children's farm.

17:00

Play time at the Children's Farm

We play fun games at the Children's Farm.

from 15:00 16:00 **Groundstroke Technique Tennis Clinic** 

Learn the PBI Groundstroke Fundamentals. Price: € 40.00 Meeting point: "Tennis Stüberl" at the indoor tennis courts Please register until 5.00 pm. on the day before at the Concierge desk or directly at the tennis team.

from 17:00 17:00

See you next time on the Children's Farm

Your parents will meet you at the nursery.

# Thursday, 23th March 2023

from 09:00 09:30

Good Morning at the créche

We meet for childcare in the children's room at the Hotel and go together to the Children's

Registration until 5.00 pm the day before either directly at the Children's Farm team, at the concierge or at the reception.

from 09:00 10:30



Pony riding

An animal experience awaits our little guests! Our Ponyhof team warmly welcomes all children up to the age of 8 to pony rides at the children's farm.

Costs: € 20,- (Duration: 20min.)

Note: Toddlers should be able to sit up to participate in pony rides. The ponies are led by the parents themselves!

We kindly ask you to register by the day before with our Ponyhof team on 0043 664 2150907 or by email to reitstall@stanglwirt.com

from **09:15** 09:45



Training with a facial roller

Meeting point: fitness desk

from 10:0011:30



Let's be creative at the Children's Farm

We will make a spring mobile for home.



from 12:30 Children's Lunch (from age 3 years) 13:00 We have lunch together at the "Rossstube". Be aware of the meal times! Please register until 11.30 am on the same day directly at the Children's Farm team. from 13:30 Experience the nature around the Children's Farm 14:30 We go for a walk with our sheep. from 14:00 **Nordic Walking** 15:00 Meeting point: fitness desk from 14:30 Play time at the Children's Farm 17:00 We play fun games at the Children's Farm. from 15:00 Doubles Strategy 16:00 Learn how to play doubles like the Bryan Brothers. Costs: € 40.00 Meeting point: "Tennis Stüberl" at the indoor tennis courts Please register until 5 p.m. the day before at the tennis team from 15:15 **Upper Body Training** 15:45 Meeting point: fitness desk from 16:00 Circle-Training Meeting point: fitness desk 16:30 from 17:00 See you next time on the Children's Farm 17:00 Your parents will meet you at the nursery. from 18:30 Stanglwirt Meet & Greet 19:30 Family Hauser and the Stanglwirt team have the honor to cordially invite you to the visit and wish you a relaxing stay!



Stanglwirt Meet & Greet at our hotelbar "auf der Tenne". We are looking forward to your

## from 18:30 21:30



## Harp Player at the Hotelrestaurant

Our harpist Bettina Huber will accompany your dinner with gentle harp sounds.

## from 21:30 00:00



## Musical evening with "Broat Scheitel Duo"

Musical evening with "Broat Scheitel Duo" at the hotel bar "auf der Tenne".

## Friday, 24th March 2023

from 08:45



Stretching

09:15

Meeting point: fitness desk

from 09:00 09:30



#### Good Morning at the créche

We meet for childcare in the children's room at the Hotel and go together to the Children's

Registration until 5.00 pm the day before either directly at the Children's Farm team, at the concierge or at the reception.



from 09:00 to 10:30



## Pony riding

An animal experience awaits our little guests! Our Ponyhof team warmly welcomes all children up to the age of 8 to pony rides at the children's farm.

Costs: € 20,- (Duration: 20min.)

Note: Toddlers should be able to sit up to participate in pony rides. The ponies are led by the parents themselves!

We kindly ask you to register by the day before with our Ponyhof team on 0043 664 2150907 or by email to reitstall@stanglwirt.com

from **09:30** to **10:00** 



## Booty - Abs - Legs

Meeting point: fitness desk

from 10:00 to 11:30



## Let's be creative at the Children's Farm

We create a colorful pillowcase for our room.

from 10:15 to 10:45



#### **Tabata**

Meeting point: fitness desk

from 12:30 to 13:00



## Children's Lunch (from age 3 years)

We have lunch together at the "Rossstube". Be aware of the meal times! Please register until 11.30 am on the same day directly at the Children's Farm team.

from 13:00 to 14:00



## Basketball training for teens

Today we will play an exciting round of basketball at our indoor tennis court. Meeting point: tennis boxing hall

from 13:30 to 14:30



#### Experience the nature around the Children's Farm

We groom, clean and do the hair of our ponies.

from 14:00 to 15:00



## **Nordic Walking**

Meeting point: fitness desk

from 14:30 to 17:00



#### Play time at the Children's Farm

We play fun games at the Children's Farm.

from **15:15** to **15:45** 



## **Explanation of fitness equipment**

Meeting point: fitness desk

from **15:30** to **16:00** 



## **Guided Tour through the Hotel**

Meeting Point : Concierge desk

from 17:00 to 17:00



#### See you next time on the Children's Farm

Your parents will meet you at the nursery.

from 17:15 to 18:15



#### Yoga

Meeting point: gymnastics room

from **18:15** 

18:45



## Horse stable tour

...through our Lipizzaner stud. Meet the graceful Lipizzaner horses and learn interesting things from our riding instructors.

Please registers until 5.00 pm the day before at the concierge team.

Meeting point: Reception

from 19:00 22:00



## Zither player at the traditional inn "Gasthof Stangl"

Our "Zither Hansi" accompanies your dinner in the Stanglalm with the traditional sounds from the Alps.

from 21:30 00:00



Musical evening with "SASA"

Musical evening with "SASA" at the hotelbar "auf der Tenne".

## Saturday, 25th March 2023

from 08:00

09:00



Yoga

Meeting point: gymnastics room

from **09:00** 09:30



Good Morning at the créche

We meet for childcare in the children's room at the Hotel and go together to the Children's

Registration until 5.00 pm the day before either directly at the Children's Farm team, at the concierge or at the reception.

from 09:00 10:30



Pony riding

An animal experience awaits our little guests! Our Ponyhof team warmly welcomes all children up to the age of 8 to pony rides at the children's farm.

Costs: € 20,- (Duration: 20min.)

Note: Toddlers should be able to sit up to participate in pony rides. The ponies are led by the parents themselves!

We kindly ask you to register by the day before with our Ponyhof team on 0043 664 2150907 or by email to reitstall@stanglwirt.com

from **09:30** 10:00



Stretching

Meeting point: fitness desk

from 10:00 10:30



**Explanation of fitness equipment** 

Meeting point: fitness desk

from 10:0011:30



Let's be creative at the Children's Farm

We make a dream catcher and listen to stories about it.

from 12:30 13:00



Children's Lunch (from age 3 years)

We have lunch together at the "Rossstube" . Be aware of the meal times! Please register until 11.30 am on the same day directly at the Children's Farm team.

from 13:30 14:30



Playtime at the children's farm

from 14:30



We play Tic Tac Toe in the garden.

Play time at the Children's Farm

17:00

We play fun games at the Children's Farm.

from 17:00 17:00



See you next time on the Children's Farm

Your parents will meet you at the nursery.

from 18:15 to 18:45



### Horse stable tour

...through our Lipizzaner stud. Meet the graceful Lipizzaner horses and learn interesting things from our riding instructors.

Please registers until 5.00 pm the day before at the concierge team.

Meeting point: Reception

from **19:00** to **22:00** 



## Zither player at the traditional inn "Gasthof Stangl"

Our "Zither Hansi" accompanies your dinner in the Stanglalm with the traditional sounds from the Alps.

from **21:30** to **00:00** 



## Musical evening with "Voice 2 Voice"

Let the evening end musically with "Voice 2 Voice" at the hotelbar "auf der Tenne".

## Sunday, 26th March 2023

from 09:00 to 09:30



### Good Morning at the créche

We meet for childcare in the children's room at the Hotel and go together to the Children's farm

Registration until 5.00 pm the day before either directly at the Children´s Farm team, at the concierge or at the reception.

from **09:00** to **10:30** 



#### Pony riding

An animal experience awaits our little guests! Our Ponyhof team warmly welcomes all children up to the age of 8 to pony rides at the children's farm.

Costs: € 20,- (Duration: 20min.)

Note: Toddlers should be able to sit up to participate in pony rides. The ponies are led by the parents themselves!

We kindly ask you to register by the day before with our Ponyhof team on 0043 664 2150907 or by email to reitstall@stanglwirt.com

from 10:00 to 11:30



#### Let's be creative at the ChidIren's Farm

We paint a bowl colorful.

from 12:30 to 13:00



#### Children's Lunch (from age 3 years)

We have lunch together at the "Rossstube" . Be aware of the meal times! Please register until 11.30 am on the same day directly at the Children's Farm team.

from 13:30 to 14:30



## Let's get moving at the Children's Farm

We play fun movement games at the children's farm area. In case of bad weather we watch a movie in the children's farm.

from 14:30 to 17:00



## Play time at the Children's Farm

We play fun games at the Children's Farm.

from 15:30 to 16:00



#### Guided Tour through the Hotel

Meeting Point : Concierge desk

from 17:00 to 17:00



#### See you next time on the Children's Farm

Your parents will meet you at the nursery.

from 17:00 to 18:00



#### Social Mixer Tennis Tournament

Fun is the top priority at this tennis tournament. The PBI team cordially invites you to the "Social Mixer Tennis Tournament" at the Stanglwirt indoor tennis courts. Free of charge and without registration Meeting point: Tennis-Stüberl

from **21:30** to **00:00** 



## Musical evening with "Jimmy Roggers"

Musical evening with "Jimmy Roggers" at the Hotel-Bar "auf der Tenne".

# Surprising your loved ones



## ...at home at Stanglwirt

Perhaps you want to mark a special day, celebrate a special occasion or give a special person a treat? We have a range of gifts to surprise and delight friends and family, suitable for every occasion.

#### Flowers and more

Our in-house florist and regional partners are on hand and can conjure up any flower arrangement you may have in mind, to suit all budgets.

## Pralines & champagne

Our house champagne is the perfect way to toast a memorable stay at the Stanglwirt. Of course, we also offer alcohol-free alternatives. To accompany your celebration, we recommend our home-made pralines from our patisserie or a selection of fresh fruit.

#### Cakes

Our famous Head Patissier Sven Uhlig will be delighted to meet your individual requests and create bespoke sweet specialities for birthdays, anniversaries and much more, to suit all tastes.

Our concierge team is happy to cater for your individual needs and can be contacted on extension 902, or by email to concierge@stanglwirt.com or you can speak to them directly at the hotel reception desk.



# Bergdoktor Winterhike

## Every Thursday | 9.00 - 11.00 am

Tyrolean mountain guide and film expert Peter Moser takes you on a winter hike in the footsteps of the Bergdoktor-Show and many other film productions. The following film locations are visited: Ellmauer Alm, Manzl house, Town square with church, Intensive station, Bergdoktor practice. This hike is exclusively for individual guests of the Wilder Kaiser region with a guest card (accommodation in the villages of Going, Ellmau, Scheffau, Söll), not for groups.

-> Explanations are only in german!

<u>Costs</u>: for free with GuestCard (available at the reception) <u>Meeting point</u>: tourist office Ellmau

Please register at the tourist office online or by phone.



# Lama trekking

## "Koglhof" farm in Ellmau

You can experience a special winter hike at the foot of the Wilder Kaiser:

The winter hike leads directly from the farm in Ellmau into the romantic winter landscape of the Wilder Kaiser. Everyone is allowed to lead a llama (children accompanied by an adult) - a special experience for all animal lovers!

Next trekking date: Wednesday, 8th of March 2023

Meeting point: 2.00 pm at the "Koglhof" farm in Ellmau

You need: winter shoes, warm clothing

Price: from € 10,-

Please register until 10.00 am on the same day online at www.wilderkaiser.info, via telephone +43 (0)5358 2956 or at the tourist office.





## THE WALK OF FAME ("STRASSE DER SIEGER")



## From now on, Arnold Schwarzenegger is a permanent fixture!

The Stanglwirt is delighted to confirm that from now on, we are an exhibition partner of "Straße der Sieger", and are able to exhibit the hand prints and footprints of Arnold Schwarzenegger to his fans.

The high-quality exhibition will be available to admire in the entrance hall for at least 24 months. "We are proud to offer our guests such a highlight. Arnold is the perfect fit, as we have been friends for many years and he is a frequent visitor," explains Maria Hauser.

Johannes Hauser is glad that not only will this exhibition give guests the opportunity to engage with a star, it will also enable the Stanglwirt to support a good cause. "The good thing is that as an exhibition partner, we are in a position to make a contribution to youth and disabled sport in Austria, and support SPORT AID."

As Managing Director of Austrian Sport Aid, Gernot Uhlir points out: "Every exhibition partner and of course our legends themselves make a significant contribution to helping our upand-coming talent become the stars of tomorrow and make their way to the very top. We are very grateful to the Hauser family for their support and are pleased to welcome them to the big Sports Aid family."

## Horse stable tour



## ...through our Lipizzaner stud

Meet the graceful Lipizzaner horses and learn interesting things from our riding instructors. Tours on request or weekly within our Holiday Programme - please contact our Riding stable team.

reitstall@stanglwirt.com

## Children's Farm & Créche

## Information about our daily programme

## Créche for kids from 1-3 years

2.00 p.m.: Meeting point at the Children's Farm (please bring your buggy, winter clothing, diaper bag, etc.)

5.00 p.m.: End of supervision at Reception (also possible earlier)

Please register until 5.00 p.m. the day before at the Concierge team or directly at the Children's Farm.

Please call our Children's farm reliably if the child comes later or not at all. Thank you!

## Children's Farm for kids from 3 years

9.30 a.m.: Meeting point at the Children's farm

12.30 noon: Lunch at the Rossstube

5.00 p.m.: End of supervision at Reception (also possible earlier)

6.30 p.m.: Children's dinner at the Zirbenstube 8.00 p.m.: Beginning of evening activities

9.30 p.m.: End of supervision at the Kinderstube

Please bring suitable winter clothing every day!





## Children's farm Guide

We are absolutely overjoyed that we can take care for our youngest guests look forward to spending a wonderful time together! We have put together a guide so that we can safely enjoy each other's company at the children's farm:

\*\*\*\*

#### **CLOTHING:**

We will make spur-of-the-moment trips outdoors to enjoy the beautiful countryside, depending on the weather of course! Please make sure to **bring suitable clothing**. (Winter clothing including cap, gloves, boots, ...)

#### PRE-REGISTRATION:

To ensure a wonderful time together, we will be supervising only a **limited number of children** from **9.30** am to **5.00** pm (also in the evening at vacation seasons).

This makes it all the more important to **register your child** beforehand when making your room reservation or on the day itself at the Children's farm, in good time for the next day. To optimise our planning for you, it is essential to know exactly **how long** your child is going to stay with us at the Children's farm. **Please note** that supervision is only possible with advanced reservations!

#### **BEGINNING OF THE OCCUPATION:**

We kindly ask you to personally bring your children to the créche "Kinderstube" at the hotel every day.

#### CHILDREN'S CRÈCHE (AGE 1-3):

Children between **1** and **3** years of age will be cared for as part of the crèche by appointment only every day from 2.00 p.m. to 5.00 p.m., also at the children's farm. Please note that, we can only supervise a limited number of children here too. Please note that supervision is only possible with advanced reservations!

#### PARENTS AT THE CHILDREN'S FARM:

Parents are **not allowed to enter** the house of the Children's farm. Your children will be given a warm welcome at the créche "Kinderstube" by one of our teachers. Parents are very welcome at the **Children's** farm playground, at the stable and the créche "Kinderstube".

## **LUNCH AND DINNER:**

During day-care the children also get a healthy snack.

The Children's lunch(from age 3 years) will be served in our hotel restaurant by appointment only. Please understand that, neither parents nor siblings who are not normally being cared for may be present. The registration for Children's dinner (from age 3 years, for a fee) and the evening supervision is necessary. The times for the evening activities can change between 7.30 p.m. and 8.00 p.m.

## SAFETY AND FUN:

Our facilities are regularly **disinfected and aired**. Sanitiser will be provided. **If your child is sick**, we can not provide daycare at our Children's farm. Thank you for your understanding!

\*\*\*\*

If your parents are missing you too much, they can always reach us at any time at +43(0) 664 2150 967.

We look forward to seeing you! Your Children's farm team



## Where to find what and when...

**Breakfast** 

at the hotel restaurant I  $7.\overline{00}$  to  $11.\overline{00}$  am I non-smoking area To avoid waiting a long time before being allocated a table, we recommend breakfasting outside peak times (9.30 am - 10.30 am).

Kamin Bistro

Culinary highlights for small and big hunger at the Kamin-Bistro | 11.30 noon to 4.30 pm | non included | also possible with bathrobe

Dinner

multi-course menus or themed buffet evening at the hotel restaurant | from 6.30 pm

Á-la-Carte

authentic Tyrolean traditions in a historic ambience, along with tasty regional delicacies and specialities at the traditionale Gasthof inn "Stangl" | 11.00 am to 10.00 pm
Table reservation at +43 5358 2000 -7921 or tischreservierung@stanglwirt.com

Hotelbar

Hotelbar "auf der Tenne" | from 9.30 am | with terrace and Lipizzaner-Lounge

Roomservice

7.00 am to 9.30 pm | Orders at +43 5358 2000 -7915

Wellness Worlds

Water worlds: 7.00 am 9.00 pm
Sauna complex for families (textile sector): 10.30 am to 8.30 pm
Sauna complex for adults (nude area): 10.30 am to 8.30 pm
Children's Water World: 10.00 am to 7.00 pm

Fitness garden

Open daily | I equipment by the world famous & highest quality brand LifeFitness Personal Training is at your service: +43 5358 2000-7930 or -7958

**Box training** 

on request I with Pro-Coach and fitness manager Björn Schulz Please contact +43 5358 2000 -7930 or - 7958

**Tennis** 

Six indoor courts (Bross Line Granulat) | Court reservation and private lessons at +43 5358 2000-931 or -932

