



Gstanglwirt

Holiday Programme



20th September to 26th September 2021



Monday, 20th September 2021

from 08:30
to 13:00



Hiking tour to the "Gruttenhütte" with Lois

Meeting point at 08.30 at the Reception with our hiking guide Lois. Bring a good mood, good shoes, possibly a second set of clothes. From the "Wochenbrunner Alm" it goes over the "Gaudiamushütte" and over the "Klamml" to the "Gruttenhütte" and back again. There are about 600 meters of altitude difference, pure walking time about 3 hours.

Please register until 6 p.m. on the day before at the Concierge desk.

from 09:30
to 09:30



Good Morning on the Children's Farm

We meet you at the Children's Farm. Registration until 05.00 p.m. on the day before directly at the Children's Farm Team

from 10:00
to 10:45



Step Aerobic

Meeting point: Fitness desk

from 10:00
to 11:30



Experience nature around the children's farm

We go looking for insects with the magnifying glass.

from 11:00
to 11:45



Pilates

Meeting point: Fitness desk

from 12:00
to 12:45



Back workout

Meeting point: Fitness desk

from 12:30
to 13:00



Children's Lunch

We have lunch together at the "Rosstube". Please be aware of the meal times. Registration until 11:30 a.m. on the respective day directly at the Children's Farm team.

from 13:00
to 14:00



Play time at the Children's Farm

We play on the children's farm.

from 14:00
to 17:00



Play time at the Children's Farm

We play on the children's farm.

from 14:30
to 15:00



Horse stable tour

...through our Lipizzaner stud. Meet the graceful Lipizzaner horses and learn interesting things from our riding instructors. Please register at our Concierge desk. Meeting point: Reception

from 17:00
to 17:00



See you next time on the Children's Farm!

Your parents pick you up at the Reception.

from 20:30
to 23:30



Musical evening with "DJ Otto"

Musical evening with "DJ Otto" at the Hotel-Bar "auf der Tenne".



Tuesday, 21st September 2021

from 08:30
to 09:00



Aqua-fitness

Meeting Point: Felsenbad

from 09:00
to 09:30



Upper Body Training

Meeting point: Fitness desk

from 09:15
to 10:00



Achtsamkeits-Training

from 09:15
to 14:00



E-MTB Tour "Bergdokter"

Full day tour

Dream panorama tour, during which we head for and also visit the filming locations of the "Bergdokter" + crossing the ski world

Price with rental bike: € 95.- E-MTB Platinum

Price without rental bike: € 35.- (625Watt Ebike is recommended)

Duration: 5 h / 40 km / 1100 m / min. Age: 13 years

Registration at the Sport-Eck next to the "Kaiserstiege" until 6.00 p.m. on the day before

from 09:30
to 09:30



Good Morning on the Children's Farm

We meet you at the Children's Farm.

Registration until 05.00 p.m. on the day before directly at the Children's Farm Team

from 09:45
to 10:30



Bodyshaping with the dumbbell

Meeting point: Fitness desk

from 09:45
to 13:30



Beginner's hiking tour

Easy hiking tour at the foot of the „Wilder Kaiser“

Please register until Monday, 06.00 p.m. at the Sport-Eck nearby the "Kaiserstiege".

from 10:00
to 11:30



Let's be creative at the Children's Farm

We design animal trailers out of wood.

from 10:45
to 11:30



Pilates with ball

Meeting point: Fitness Desk

from 12:30
to 13:30



Nordic Walking

Meeting point: Fitness desk

from 12:30
to 13:00



Children's Lunch

We have lunch together at the "Rossstube". Please be aware of the meal times. Registration until 11:30 a.m. on the respective day directly at the Children's Farm team.

from 13:00
to 14:00



Play time at the Children's Farm

We play on the children's farm.

from 14:00
to 14:45



Booty - Abs - Legs

Meeting point: Fitness desk

from 14:00
to 17:00



Play time at the Children's Farm

We play Uno, Skipo and other board games on the children's farm.



from 14:00
to 17:00



Fly Fishing for beginners

Learn how to do fly fishing at our "Schwanenteich" lake. Please register at our Concierge desk until Monday 5.00 p.m.

from 15:00
to 15:30



Circle-Training

Meeting Point: Fitness desk

from 15:30
to 16:00



Guided Tour through the Hotel

Meeting Point : Concierge desk

from 15:45
to 17:30



Kids bike training

Kids Bike Training FOXES
Afternoon tour

Kids bike training on our practice meadow + forest bike park

Price with rental bike: € 30.- Children MTB

Price without rental bike: € 15.- Duration: 1.5 h / 10km / 200hm / Age: 8-10 years

Registration at the Sport-Eck next to the "Kaiserstiege" until 6.00 p.m. on the day before

from 17:00
to 17:00



See you next time on the Children's Farm!

Your parents pick you up at the Reception.

from 20:30
to 23:30



Musical evening with "Lisa Mauracher"

Musical evening with "Lisa Mauracher" at the Hotel-Bar "auf der Tenne".

Wednesday, 22nd September 2021

from 08:00
to 09:00



Yoga

Meeting point: Gymnastics room

from 09:30
to 09:30



Good Morning on the Children's Farm

We meet you at the Children's Farm.

Registration until 05.00 p.m. on the day before directly at the Children's Farm Team

from 10:00
to 15:00



E-MTB Tour: Kitzbühel and Streif

Experience a unique panorama tour along (the mountain range) of the Hahnenkamm with sightseeing and descent over the Aschau valley.

Price with rental bike: € 95.- (E-MTB Platinum)

Price without rental bike: € 35.- (625Watt Ebike is recommended)

Duration: 5 h / 45 km / 1300 m / from 13 years

Registration at the Sport-Eck next to the "Kaiserstiege" until 6.00 p.m. on the day before

from 10:00
to 11:30



Stanglwirt mini chef

We prepare a delicious fruit yogurt.

from 10:45
to 11:30



Pilates

Meeting point: Fitness desk

from 11:45
to 12:30



Step Aerobic

Meeting point: Fitness desk



from 12:30
to 13:00



Children's Lunch

We have lunch together at the "Rossstube". Please be aware of the meal times. Registration until 11:30 a.m. on the respective day directly at the Children's Farm team.

from 12:45
to 13:15



Tabata

Meeting point: Fintess desk

from 13:00
to 14:00



Play time at the Children's Farm

We play on the children's farm.

from 13:30
to 14:00



Upper Body Training

Meeting point: Fitness desk

from 14:00
to 17:00



Play time at the Children's Farm

We play on the children's farm.

from 14:15
to 15:00



Back workout

Meeting point: Fitness desk

from 15:00
to 16:00



Groundstroke Technique Tennis Clinic

Learn the PBI Groundstroke Fundamentals. Costs: € 36,-
Meeting point: "Tennis Stüberl" at the indoor tennis courts
Please register until 5.00 pm. on the day before at the Concierge desk.

from 15:15
to 16:00



Pezzi-ball Training

Meeting point: Fintess desk

from 15:45
to 17:00



Bike training: for teens

Bike training with lots of action and fun. Practice meadow / jump line / forest bike park
Price with rental bike: € 30.- Children MTB
Price without rental bike: € 15.- Duration: 1.5 h / 10km / 300 m / Ages: 10 - 13 years

from 16:15
to 17:00



Stretch and Relax

Meeting point: Fitness desk

from 17:00
to 17:00



See you next time on the Children's Farm!

Your parents pick you up at the Reception.

Thursday, 23rd September 2021

from 07:00
to 08:30



Early bird - morning walk

An easy walk to get the day off to an optimal start!
Register at our concierge by 5 p.m. the day before.

from 08:30
to 09:00



Aqua-fitness

Meeting Point: Felsenbad



from 09:00
to 13:30



Balance on the Astberg mountain

An easy hike from the Stanglwirt to the Goinger Astberg with Elisabeth Klöbl. Please register at the Concierge desk until 5.00 p.m. on the day before.

from 09:30
to 09:30



Good Morning on the Children's Farm

We meet you at the Children's Farm.
Registration until 05.00 p.m. on the day before directly at the Children's Farm Team

from 09:30
to 10:15



explanation of fitness equipment

meeting point : Fitness desk

from 09:45
to 14:30



E-MTB Flow - Trail Tour

NEW 2021! The Kitzbühel Alps offer a multitude of wonderful flow trails, which we can easily reach thanks to the e-bike. Good technique on the bike is required.
Price with rental bike: € 95.- (E-MTB Platinum)
Price without rental bike: € 35 (625W is recommended)
Duration: 5 h / 40 KM / 1000 HM / from 13 years
Registration at the Sport-Eck next to the "Kaiserstiege" until 6.00 p.m. on the day before

from 10:00
to 11:30



Let's be creative at the Children's Farm

We make great figures out of clothespins.

from 10:30
to 11:00



Tabata

Meeting point: Fitness desk

from 12:30
to 13:30



Nordic Walking

Meeting point: Fitness desk

from 12:30
to 13:00



Children's Lunch

We have lunch together at the "Rosstube" . Please be aware of the meal times. Registration until 11:30 a.m. on the respective day directly at the Children's Farm team.

from 13:00
to 14:00



Play time at the Children's Farm

We play on the children's farm.

from 14:00
to 14:45



Booty - Abs - Legs

Meeting point: Fitness desk

from 14:00
to 17:00



Play time at the Children's Farm

We lett soap bubbles rise.

from 15:00
to 16:00



Doubles Strategy

Learn how to play doubles like the Bryan Brothers.
Meeting point: "Tennis Stüberl" at the indoor tennis courts
Costs: € 20,-
Please register until 5.00 pm. On the day before at the Concierge desk.

from 15:30
to 16:00



Stretch and Relax

Meeting point: Fitness desk



from 15:45
to 17:30



Bike training for Familys

Afternoon tour
15:45 - 17:30

NEW: tailored training for the whole family. Learn the right bike technique with your children.

Price with rental bike: € 55.- E-MTB Platinum

Price with children's e-bike: € 35.-

Price without rental bike: € 15.- Duration: 1.5 h / 10 km / 200 m / min. Age: 8 years

Registration at the Sport-Eck next to the "Kaiserstiege" until 6.00 p.m. on the day before

from 17:00
to 17:00



See you next time on the Children's Farm!

Your parents pick you up at the Reception.

from 18:30
to 19:00



Stanglwirt "Meet and Greet"

Family Hauser and the Stanglwirt team have the honor to cordially invite you to the Stanglwirt "Meet & Greet" at our hotel bar "zur Tenne".

We are looking forward to your visit and wish you a relaxing stay!

from 20:30
to 23:30



Musical evening with "O-Tones"

Musical evening with "O-Tones" at the Hotel-Bar "auf der Tenne".

Friday, 24th September 2021

from 08:30
to 09:30



Stanglwirt Hobby Runners

Meeting point: Fitness desk

from 09:30
to 09:30



Good Morning on the Children's Farm

We meet you at the Children's Farm.

Registration until 05.00 p.m. on the day before directly at the Children's Farm Team

from 09:30
to 13:30



E-Bike Tour at the Wilder Kaiser

Experience the Kaiser up close on an e-bike. A round tour with high-altitude paths and rooted trails awaits you. However, good endurance and technique on the bike are a prerequisite for this experience of nature.

Registration the day before until 6 p.m. only in the Sporteck.

Guide: free of charge / Bike rental: from € 60.-

from 10:00
to 10:45



Booty - Abs - Legs

Meeting point: Fitness desk

from 10:00
to 11:30



Let's be creative at the Children's Farm

We make and paint a funny hedgehog.

from 11:00
to 11:30



Training with the fascia roller

Meeting point: Fitness desk

from 12:30
to 13:30



Nordic Walking

Meeting point: Fitness desk



from 12:30
to 13:00



Children's Lunch

We have lunch together at the "Rossstube". Please be aware of the meal times. Registration until 11:30 a.m. on the respective day directly at the Children's Farm team.

from 13:00
to 14:00



Play time at the Children's Farm

We play on the children's farm.

from 14:00
to 14:45



Back workout

Meeting point: Fitness desk

from 14:00
to 17:00



Let's be creative at the Children's Farm

We paint autumn mandalas.

from 15:00
to 15:30



Circle-Training

Meeting Point: Fitness desk

from 15:30
to 16:00



Guided Tour through the Hotel

Meeting Point : Concierge desk

from 17:00
to 17:00



See you next time on the Children's Farm!

Your parents pick you up at the Reception.

from 17:15
to 18:15



Yoga

Meeting point: Gymnastics room

from 20:30
to 23:30



Musical evening with "SASA"

Musical evening with "SASA" at the Hotel-Bar "auf der Tenne".

Saturday, 25th September 2021

from 08:00
to 09:00



Yoga

Meeting point: Gymnastics room

from 08:30
to 13:00



Hiking tour to the "Gruttenhütte" with Lois

Meeting point at 08.30 at the Reception with our hiking guide Lois. Bring a good mood, good shoes, possibly a second set of clothes. From the "Wochenbrunner Alm" it goes over the "Gaudiamushütte" and over the "Klamml" to the "Gruttenhütte" and back again. There are about 600 meters of altitude difference, pure walking time about 3 hours.

Please register until 6 p.m. on the day before at the Concierge desk.

from 09:30
to 09:30



Good Morning on the Children's Farm

We meet you at the Children's Farm. Registration until 05.00 p.m. on the day before directly at the Children's Farm Team

from 09:30
to 10:00



Abs Training

Meeting point: Fitness desk



from 10:00
to 11:30



Let's be creative at the Children's Farm

We're making a beautiful horse.

from 10:15
to 11:00



Back workout

Meeting point: Fitness desk

from 12:30
to 13:30



Nordic Walking

Meeting point: Fitness desk

from 12:30
to 13:00



Children's Lunch

We have lunch together at the "Rosstube". Please be aware of the meal times. Registration until 11:30 a.m. on the respective day directly at the Children's Farm team.

from 13:00
to 14:00



Play time at the Children's Farm

We play on the children's farm.

from 14:00
to 14:30



Training with the fascia roller

Meeting point: Fitness desk

from 14:00
to 17:00



Play time at the Children's Farm

We build great buildings with giant Lego.

from 14:30
to 15:00



Horse stable tour

...through our Lipizzaner stud.
Meet the graceful Lipizzaner horses and learn interesting things from our riding instructors.
Please register at our Concierge desk. Meeting point: Reception

from 17:00
to 17:00



See you next time on the Children's Farm!

Your parents pick you up at the Reception.

from 20:30
to 23:30



Musical evening with "Angelo Palazzotto"

Musical evening with "Angelo Palazzotto" at the Hotel-Bar "auf der Tenne".

Sunday, 26th September 2021

from 09:30
to 09:30



Good Morning on the Children's Farm

We meet you at the Children's Farm.
Registration until 05.00 p.m. on the day before directly at the Children's Farm Team

from 10:00
to 11:30



Experience nature at the children's farm

We pet our sheep and get to know them.

from 12:30
to 13:00



Children's Lunch

We have lunch together at the "Rosstube". Please be aware of the meal times. Registration until 11:30 a.m. on the respective day directly at the Children's Farm team.



from 12:45
to 15:30



Bike Training Sicherheits Coaching

What to do in an emergency - How do I brake properly? How do I ride steep routes?
Price with rental bike: € 95.- E-Bike Platinum
Price without rental bike: € 35.-
Duration: 2.5 h / 10km / 300 m / age: from 13 years
Registration at the Sport-Eck next to the "Kaiserstiege" until 6.00 p.m. on the day before

from 13:00
to 14:00



Play time at the Children's Farm

We play on the children's farm.

from 14:00
to 17:00



Play time at the Children's Farm

We listen to exciting stories with the new ToniBox.

from 15:30
to 16:00



Guided Tour through the Hotel

Meeting Point : Concierge desk

from 17:00
to 17:00



See you next time on the Children's Farm!

Your parents pick you up at the Reception.

from 20:30
to 23:30



Musical evening with "Take Two"

Musical evening with "Take Two" at the Hotel-Bar "auf der Tenne".



OTHER



SPORTS



KIDS



TEENS



Children's farm Guide

We are absolutely overjoyed that we can continue to be on hand for our youngest guests. In keeping with the great responsibility we feel, we will do everything we can to ensure that they are as safe as possible in every respect at all times and we look forward to spending a wonderful time together!

We have put together a guide so that we can safely enjoy each other's company at the children's farm:

- We are here for you every day from 9.30 a.m. to 5.00 p.m., by appointment only (children over the age of 3)! We meet at the Children's farm. The childcare provided will be of the same high quality as before.
- Children between 1 and 3 years of age will be cared for as part of the crèche by appointment only every day from 2.00 p.m. to 5.00 p.m., also at the children's farm. Please note that, we can only supervise a limited number of children here too.
- Please bring your own buggy, diaper bags and bottle for the daycare at the crèche. You are welcome to borrow strollers and buggies free of charge from our Concierge.
- In the current situation, parents are not allowed to enter the house of the children's farm. Your children will be given a warm welcome by one of our teachers. Parents are very welcome at the Children's farm playground.
- The general social distancing rule (1 metre "Stangl calf" distance) usually applies. To ensure that this can be adhered to, we will, until further notice, be supervising only a limited number of children.
- This makes it all the more important to register your child beforehand when making your room reservation or on the day itself at the Children's farm, in good time for the next day. To optimise our planning for you, it is essential to know exactly how long your child is going to stay with us at the Children's farm.

At 12.30 p.m., the Children's lunch will be served as usual in our hotel restaurant by appointment only. Please understand that in light of recent events, neither parents nor siblings who are not simultaneously being cared for may be present until further notice.
- The registration for Children's dinner and evening supervision is necessary. The times for the evening activities can change between 7.30 p.m. and 8 p.m.
- Our facilities are regularly disinfected and aired. Sanitiser will be provided.
- We will also make spur-of-the-moment trips outdoors to enjoy the beautiful countryside, depending on the weather of course! Please make sure to bring suitable clothing.

If your parents are missing you too much, they can always reach us at any time at +43(0) 664 2150 967.

We look forward to seeing you!

Your kindergarten teacher Josephine Staffel
& the Children's farm team



Where to find what and when...

Breakfast

at the hotel restaurant | 7.00 to 11.00 a.m. | non-smoking area
The need to maintain social distancing, means that you may have to wait a long time before being allocated a table, so we recommend breakfasting outside peak times (9.30 a.m. - 10.30 a.m.).

Kamin Bistro

Culinary highlights for small and big hunger
at the Kamin-Bistro | 11.30 noon to 4.30 p.m. | non included | also possible with bathrobe

Dinner

multi-course menus or themed buffet evening
at the hotel restaurant | 6.30 to 8.30 p.m.

À-la-Carte

authentic Tyrolean traditions in a historic ambience, along with tasty regional delicacies and specialities
at the traditionale Gasthof inn "Stangl" | 11.00 a.m. to 10.00 p.m.
Table reservation at +43 5358 2000 -7921 or tischreservierung@stanglwirt.com

Hotelbar

Hotelbar "auf der Tenne" | 9.30 a.m. to 00.00 p.m. | with terrace and Lipizzaner-Lounge
From 10.00 p.m. until midnight our team will be happy to prepare drinks and cocktails for you and serve them in your hotel room (without roomservice charge)

Roomservice

Roomservice (without Roomservice-charge) | 7.00 a.m. to 9.30 p.m. | Orders at +43 5358 2000 -7915

Wellness Worlds

Water worlds: 7.00 a.m. 9.00 p.m.
Sauna complex for families (textile sector): 10.30 a.m. to 20.30 p.m.
Sauna complex for adults (nude area): 10.30 a.m. to 8.30 p.m.
Children's Water World: 10.00 a.m. to 7.00 p.m.

Solarium

Currently closed

Fitness garden

Open daily | equipment by the world famous & highest quality brand „Technogym“
Personal Training is at your service: +43 5358 2000-7930 or -7958

Tennis

Six indoor courts (Bross Line Granulat) and eight outdoor courts (sand) ÷ court reservation and private lessons at +43 5358 2000-931 or -932

